



**Be Smart!
Don't Start!**



For great ideas and free materials call...

1-800-729-6686

or write to:
National Clearinghouse for
Alcohol and Drug Information
P.O. Box 2345
Rockville, MD 20852

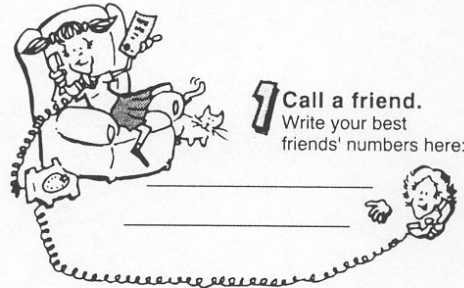


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Public Health Service
Alcohol, Drug Abuse, and Mental Health Administration
Office for Substance Abuse Prevention

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But if someone asks you
Want Some
Alcohol or other Drugs?

Say "No, I'm smart!" I'd rather...



1 Call a friend.
Write your best
friends' numbers here:

2 Be nice to myself...
Sing, dance, read, swim,
draw...



3 Get involved...
Help other people or join
a group.

4 Dream about
what I want to be;
Who I want to be like.

Draw a dream!



My Name

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